



**healthwatch**  
Sunderland

Helping you get the  
most out of your Health  
and social care



## Contact us

**Call:**

0191 514 7145

**Freephone:**

0800 023 8840

**Email:**

healthwatchesunderland@pcp.uk.net

**Web:**

www.healthwatchesunderland.com



@HWSunderland



HWSunderland

## Address

**Freepost (no stamp needed)**

RTTZ-RHUZ-RUXJ

Healthwatch Sunderland  
Stanfield Business Centre

Addison Street  
Sunderland  
SR2 8SZ

## What is Healthwatch Sunderland?

Healthwatch Sunderland is a local independent consumer champion. We cover the Coalfields, Sunderland North, East and West and Washington. We are part of the community, working with local volunteers to improve health and social care in Sunderland.

We act on behalf of all of the local community - children, young people and adults.

Healthwatch Sunderland can also signpost you to organisations that offer individual support or advocacy services if you wish to make a complaint about a health or social care service.

## What does Healthwatch Sunderland do?

We give you information about the health and social care system. We help you to find the services you need; health services, community services, social care services and complaints services. Everyone uses local health or social care services from time to time, whether it's a dentist, home

# Your voice

If you live or work in Sunderland, use services in the city or care for someone who does, we want to hear from you.

## Ways to make your voice count:

- Tell us your views on local services
- Simply receive our newsletter with updates on local services
- Come along and join us at our events
- Take part in completing our surveys

care or hospital service. Healthwatch gives you the chance to say what you think of these services; what works well and what could be improved. We work with your local Health and Social Care services to ensure your voice is heard.

Your views count. Tell us your experience of local health and social care services.

We talk and listen to our community. We tell services about local people's experiences of care.

You can call us, email us, contact us on social media or write to us.

We want to hear the good and the bad. Healthwatch works because people give us their views.

We're independent, transparent and accountable and we have the National influence of Healthwatch England behind us.

